



Mulgoa Public School

Friendship, Love, Learning

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Safety Awareness Program

CPR HELP is an exciting & rewarding Safety Awareness program that is aimed to educate young children with basic techniques for First Aid and CPR.

The children will gain knowledge of the **DRSABCD** Management procedures.
(**D**anger, **R**esponse, **S**end for Help, **A**irway, **B**reathing, **C**PR and **D**efibrillator).

Children will be involved in making the emergency phone call "000", answering questions asked by an operator and discussions of the importance of knowing their personal details/location.

Children will learn step by step techniques of the Recovery Position.

(By knowing how to put someone into the recovery position is a potential life saver)

Children in years 3-6 will experience hands on techniques using manikins that will involve compressions and breathing techniques.

"It's better to know it and not need it, then need it and not know it"

It is important for these skills to be reinforced and updated yearly.

When: Tuesday 12th August 2025

Where: Mulgoa Public School

Cost & Duration:	K-2	1 Hour	\$15.00
	3-6	1 ½ Hours	\$25.00

What to wear: Sports Uniform

Please return the permission note with full payment by **Tuesday 5th August 2025** to your classroom teacher.

Justine Blackley
Principal



Mulgoa Public School CPR Help

I give permission for my child _____ in class _____ to participate in the CPR program on Tuesday 12th August 2025.

☐ I have enclosed **\$15.00** for the cost of the K-2 program.

or

☐ I have enclosed **\$25.00** for the cost of the 3-6 program.

☐ Online payment made ☐ Please use fees in advance (Credit) \$ _____

Parent/Caregiver: _____ Date: _____