

## **Mulgoa Public School**

Friendship, Love, Learning

1189-1193 Mulgoa Rd, Mulgoa, NSW 2745 Phone: 4773 8229 Email: mulgoa-p.school@det.nsw.edu.au



## Safety Awareness Program

**CPR HELP** is an exciting & rewarding Safety Awareness program that is aimed to educate young children with basic techniques for First Aid and CPR.

The children will gain knowledge of the DRSABCD Management procedures. (Danger, Response, Send for Help, Airway, Breathing, CPR and Defibrillator).

Children will be involved in making the emergency phone call "**000**", answering questions asked by an operator and discussions of the importance of knowing their personal details/location. Children will learn step by step techniques of the Recovery Position. (By knowing how to put someone into the recovery position is a potential life saver) Children will experience hands on techniques using manikins that will involve compressions and breathing.

## It is important for these skills to be reinforced and updated yearly.

When:	Friday 1	6 <sup>th</sup> August 2024	
Where:	Mulgoa	Public School	
Cost & Duration:	K-2 3-6	1 Hour 1 ½ Hours	\$15.00 \$20.00

What to wear: Sports Uniform

Please return the permission note with full payment by **Friday 9<sup>th</sup> August 2024** to your classroom teacher.

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	Mulgoa Public School CPR Help				
-	ve permission for my child ticipate in the CPR program on Friday 16 <sup>th</sup> August 2024.	in class	to		
or	I have enclosed <b>\$15.00</b> for the cost of the K-2 program. I have enclosed <b>\$20.00</b> for the cost of the 3-6 program.				
	Online payment made				
	Please use fees in advance (Credit) \$				
Par	ent/Caregiver:	Date:			